



CSHT 2025 ANNUAL MEETING

CONFERENCE PROGRAM

Wednesday, October 8, 2025
Vancouver Convention Centre
Vancouver, British Columbia

Combined with the 80th ASSH Annual Meeting:
October 9 - 11, 2025



CANADIAN SOCIETY OF
HAND THERAPISTS
SOCIÉTÉ CANADIENNE DES
THÉRAPEUTES DE LA MAIN



ASSH

American Society for
Surgery of the Hand

MEETING PROGRAM

Wednesday, September 8, 2025

8:15–8:30	Opening Remarks	
8:30–10:00	Flexor Tendon Panel: What’s New in Flexor Tendon Repair? Updates in Rehab: From Past to Future Avoiding Pitfalls: Strategies to Prevent & Manage Complications Q&A	Dr. Donald Lalonde Joey Pipicelli Juliana Larocerie
10:00–10:30	BREAK	
10:30–11:15	Hands On Wound Healing: Practical Insights for Hand Therapists	Nora Barrett
11:15–12:00	Relative Motion Orthoses: From Concept to Clinical Success	Jean-Francois Ouellet
12:00–1:00	LUNCH	
1:00–1:45	Scientific Session	Tara Packham
1:45–2:45	Wrist Instabilities: Surgical Management of Wrist Instabilities: From Diagnoses to Reconstruction From Laxity to Control: Optimizing Therapy for Wrist Instabilities	Dr. Ruby Grewal Trevor Fraser
2:45–3:00	BREAK	
3:00–3:30	Quick Start Guide to 3D Printing	Luann Macdonald
3:30–5:00	Hand Fracture Panel: Surgical Management of Hand Fractures Rehab Approaches for Extra-Articular Hand Fractures Therapeutic Management of Intra-Articular Hand Fractures Q&A	Dr. Nina Suh Jean-Francois Ouellet Nora Barrett
5:00–5:15	Closing Remarks	
4:30–7:30	ASSH Solutions Centre Opening Reception	

REGISTRATION:

<https://csht.org/conf/register.php>

Conference Fees

Early Bird

CSHT member: \$650+tax

Non-member: \$750+tax

Student: \$450+tax

After September 3rd

CSHT Member: \$750+tax

Non-member: \$850+tax

Student: \$550+tax

Registration closes September 24, 2025

Cancellation Fee:

A full refund minus \$100 administration fee is available prior to September 24, 2025.

No refunds available after September 24, 2025

Hotel Information:

CSHT members will have access to ASSH conference rates at several nearby hotels via their housing provider ConferenceDirect.

You must book through their link here: [Hotels with ASSH Conference Rates](#)

Contact Hours:

An estimated 6.75 hours of total content eligible for HTCC Contact Hours for attending the CSHT Annual Conference. Certificates will be available*

*American attendees please note, while licensing requirements vary by state, we encourage attendees to consult their local state licensing board for confirmation. CSHT is confident that our program meets high professional standards and is likely to be accepted by most state licensure boards

For any questions related to the CSHT conference programming, please email the CSHT Executive Committee at info@csht.org

CSHT Delegates are welcome to attend the

ASSH SOLUTIONS CENTRE OPENING RECEPTION

Wednesday, October 8, 2025

4:30 pm - 7:30 pm

Exhibition Level Vancouver
Convention Centre



CANADIAN SOCIETY OF
HAND THERAPISTS
SOCIÉTÉ CANADIENNE DES
THÉRAPEUTES DE LA MAIN



ASSH |

American Society for
Surgery of the Hand

SPEAKERS



NORA BARRETT, OTR/L, CHT, WCC

Nora is a graduate of Indiana University and Washington University School of Medicine Program in Occupational Therapy in St. Louis, MO. She currently works for University of Virginia Orthopedics in the Hand Center and in the outpatient therapy practice as a hand therapist and wound specialist. Nora is an active member of the American Society of Hand Therapists (ASHT), Affiliate Board Director for the American Association for Hand Surgery (AAHS), a subject matter expert for the Hand Therapy Certification Commission (HTCC) and a member of the Association for the Advancement of Wound Care (AAWC). She authored and co-authored multiple chapters across various prominent hand therapy textbooks, covering essential topics such as tissue healing, wound care, wound classification and management, and the physiology of wound healing and burns.

TREVOR FRASER, Registered Physiotherapist, CHT

Trevor graduated as a physiotherapist in 1996 from the University of Western Ontario and became a Certified Hand Therapist in 2001. He's been in private practice physiotherapy for over 27 years. His professional memberships include the Canadian Physiotherapy Association (CPA), Physiotherapy Association of British Columbia (PABC) and the Canadian Society for Hand Therapists (CSHT). Post graduate studies have included the Intermediate Manual Therapy Certificate in the Orthopaedic system of CPA and Chan Gunn IMS (Intramuscular Stimulation).

Trevor has been an invited speaker with PABC, CSHT, University of British Columbia, OASIS Hand Symposium, WorkSafe BC and the BC Society of Surgeons. From 2014 to 2017, he served as President of CSHT and Host Organizing Chair of the Annual CSHT conferences held in Vancouver in 2011 & 2017.

Trevor enjoys teaching. He founded and currently directs one of the first private-practice hand therapy Fellowships offered in Canada. He also routinely supervises university students completing clinical placements.

When not at work, Trevor's first passion is tennis. He also enjoys staying fit, snowboarding and travelling.



DR. RUBY GREWAL, MD, FRCSC

Dr. Ruby Grewal received her MD degree at the University of British Columbia. Following completion of her orthopedic surgery residency at the University of British Columbia, she spent 2 years sub-specializing in upper extremity reconstruction and trauma. Her first fellowship was at the Hand and Upper Limb Centre in London, ON and her second fellowship was at the Royal North Shore Hospital in Sydney, Australia. During her fellowship in London, she also completed a master's degree in epidemiology and biostatistics. In 2006, she joined the Department of Surgery at the University of Western Ontario and is a co-director of the clinical research lab within the Roth | McFarlane Hand & Upper Limb Center (HULC).

Dr. Grewal has been awarded the Dean's Award for Excellence for her research contributions to the Schulich School of Medicine and Dentistry, multiple awards for research excellence and has represented the Canadian Orthopaedic Association as an International Travelling Fellow. She has published over 100 scientific articles and 30 book chapters. She is a deputy editor of the Journal of the American Academy of Orthopedics Global Research and Reviews Journal and spent over 12 years as an Associate Editor of the Journal of Hand Surgery (Am). She is a board member of the Canadian Society for Surgery of the Hand and co-president of a Canadian Multicenter Research Group evaluating disorders of the hand and wrist.



SPEAKERS

DR. DONALD H. LALONDE, MD, BSc, MSc, FRCSC

Dr. Lalonde is a Professor of Surgery at Dalhousie University in Saint John, Canada. He is a Past President of the Canadian Society for Surgery of the Hand, the American Association for Hand Surgery, and the Canadian Society of Plastic Surgeons. He was the first Canadian to serve as Chairman of the American Board of Plastic Surgery and has also served as Past Chief Examiner in Plastic Surgery and Past Chairman of the Plastic Surgery Specialty Committee for the Royal College of Physicians and Surgeons of Canada (RCPSC).

Dr. Lalonde spearheaded the spread of the WALANT (Wide Awake Local Anesthesia No Tourniquet) technique, helping to transform hand surgery practice worldwide. He has authored over 200 scientific papers and 40 book chapters, and he is the editor of Wide Awake Hand Surgery (2016 and 2021). He has delivered more than 500 international presentations across 65 countries, sharing his expertise and advancing innovation in hand and plastic surgery.



JULIANA LAROCERIE, BScOT, MSc, CHT

Juliana Larocerie is a certified hand therapist at the Roth-McFarlane Hand & Upper Limb Centre in London, Ontario. She earned her Bachelor's in Occupational Therapy from the Federal University of Pernambuco, Brazil, in 2003, and completed a Master's in Rehabilitation Sciences at Queen's University, Kingston, in 2006. Passionate about teaching and inspiring excellence in patient care, Juliana has held several academic roles, including seasonal lecturer at Queen's University and current lecturer and lab assistant at Western University's School of Occupational Therapy, where she also teaches in the Upper Extremity Rehabilitation stream of the Advanced Health Care Practice program. She co-instructs the Chinchalkar Hand Therapy Fellowship Program and contributes to teaching rounds for surgical residents and fellows at the Roth McFarlane HULC. Juliana has delivered several instructional courses on various topics at ASHT, IFSHT, CSHT, ASPN, EFSHT, and the Latin American Brachial Plexus Congress. She developed the hand therapy arm of the Peripheral Nerve Clinic at St. Joseph's Healthcare, establishing a unique interdisciplinary program that offers direct therapy services while supporting surgical and therapeutic decision-making for complex peripheral nerve injuries. She has authored many peer-reviewed papers and a book chapter and has been recognized with the Queen's University Awards for Excellence in Research and Preceptorship, as well as three CSHT Best Scientific Session awards.



LUANN MACDONALD, MScOT, CHT

Luann is a graduate of the University of Toronto Master of Science Occupational Therapy program class of 2005. From her first moments in the anatomy lab and setting foot in a splinting lab, she knew she wanted to be a hand therapist. She started her hand therapy career at Rehabilitation Solutions (now Altum Health) WSIB Hand Specialty Program at the Toronto Western Hospital. In 2019, she decided to pursue her Certified Hand Therapist designation and completed the Chinchalkar Hand Therapy Fellowship Program at the Roth McFarlane Hand and Upper Limb Centre as a stepping stone to this goal. Upon completion of the fellowship program, Luann returned to the HULC as a staff member and received her CHT designation in 2021. She has presented locally, nationally and internationally on a variety of hand therapy topics. Her hand therapy interests have expanded to include 3D printing and its applications for hand therapy. This is where you will find her most days, hovered over a 3D printer, reading and learning about new techniques and printing materials or redesigning a component excited to try it out on her co-workers (who have been very patient with her repeated testing).



SPEAKERS

JEAN-FRANÇOIS OUELLET, MScOT, CHT



Jean-François graduated from McGill University with a B.Sc. (O.T.) in 2003 and holds a current registration to practice in the province of Quebec (Canada) as an Occupational Therapist. He has been working in private practices since 2003 exclusively treating elbow, wrist and hand injuries. He has been a Certified Hand Therapist since 2009. He was coordinator of the Montreal Hand Interest Group for 8 years. He worked as an assistant-teacher for orthotic labs at McGill University from 2009 to 2014. He has been an invited speaker at numerous Quebec Hand Surgery Conferences (ASCPEQ) as well as for the Canadian Society of Hand Therapists (CSHT). He served as President for CSHT from 2021 to 2024. Jean-François has been mentoring other therapists and has a passion for sharing his knowledge. He regularly teaches wrist and hand examination courses to GPs. Over the last ten years of practice, he has developed expertise in the treatment of sport-related wrist and hand injuries. He works with professional athletes from various fields and associations (NHL, PWHL, MLS, UFC, CFL, Olympians, performing artists, tennis Canada, QMJLH,...). He is involved with hockey players and actively collaborates with the Montreal Canadiens and the Montreal Victoire. He joined Kinatex Brossard in 2023 where he works full-time as an O.T. and as a mentor for his colleagues.

JOEY PIPICELLI, MScOT, CHT

Joey Pipicelli earned his Master of Science in Occupational Therapy from Western University in 2003 and achieved certification as a Hand Therapist in 2008. Since 2009, he has served as a Hand Therapist at the Roth | McFarlane Hand and Upper Limb Centre (RM-HULC) in London, Ontario—one of Canada's leading centres for upper extremity care. Joey currently holds the role of Coordinator of the Chinchalkar Hand Therapy Fellowship Program at RM-HULC, where he mentors clinicians pursuing advanced training in hand therapy. He is also a Lecturer at Western University, contributing to both the School of Occupational Therapy and the Upper Extremity Rehabilitation stream of the Advanced Health Care Practice program within the Faculty of Health Sciences. His teaching focuses on orthotic fabrication and comprehensive upper extremity rehabilitation. In addition to his clinical and academic work, Joey is currently serving as the President of the Canadian Society of Hand Therapists. A committed educator, he is actively involved in the clinical training of occupational therapy students, medical students, residents, and orthopaedic and plastic surgery fellows at RM-HULC. Joey remains passionate about mentoring the next generation of therapists and advancing the practice of hand therapy through education, leadership, and collaborative care.



DR. NINA SUH, MD, BSc, MSc

Dr. Nina Suh received her medical degree and residency training at the Schulich School of Medicine & Dentistry at the University of Western Ontario, Canada. She then completed two years of fellowship training, subspecializing in advanced wrist and hand reconstruction and trauma. Her first fellowship was completed at the Hospital for Special Surgery, New York, New York and her second at the Mayo Clinic in Rochester, Minnesota. She returned to Western University to join the Division of Orthopaedic Surgery, Department of Surgery and held the rank of Associate Professor with cross-appointments to the Division of Plastic Surgery and Department of Biomedical Engineering. She also served as the Co-Director of the Roth McFarlane Hand and Upper Limb Bioengineering Laboratory in conjunction with her clinical practice. She was awarded her Masters of Clinical Epidemiology from Harvard University and in 2021, she was recruited to Emory University to join the Division of Upper Extremity Surgery, Department of Orthopaedic Surgery. She serves as the Clinical Director for the Emory Musculoskeletal Institute Biomechanics and BioSkills Laboratories and holds the academic rank of Associate Professor. Dr Suh's clinical interests encompass disorders of the wrist and hand, while her research interests include both biomechanical and clinical outcomes.

